Note Groups + Reading Cards

Staff notes | note values | rests | subdivisions | intervals | mixed patterns

MUSIC IS MORE THAN IDENTIFYING ONE NOTE

Learn where notes sit on treble and bass staves, then read pairs, intervals, chord groups and rhythmic combinations.

Each printed exercise has a separate staff, note name row and count row. Spacing is designed to be readable on letter-size paper.

Use this alongside Ascent Arena's randomized note generator and metronome. The printed examples are fixed practice cards; the website provides new sequences.

DAILY ROUTINE

1. Pick the correct clef for your instrument.

2. Say note names, then identify intervals or patterns.

3. Count attacks and rests with the metronome at 60 BPM.

4. Sing, tap or play the pattern. Increase tempo only after accurate repetition.

REFERENCE

Beat = quarter-note pulse unless otherwise marked. Eight eighth notes = four quarter-note beats. A dot adds half the note's value; a tie sustains a pitch without a second attack. Use printed note names as a check, not as a replacement for reading.

Treble-Clef Note Map

All natural letters through and above the staff, plus interval changes

Natural notes | ascending



NOTES	C4	D4	E4	F4	G4	A4	B4	C5
COUNT	1	&	2	&	3	&	4	&

Ledger-line notes | extended range



NOTES	D5	E5	F5	G5	A5	B5	C6	B5
COUNT	1	&	2	&	3	&	4	&

Steps and skips | mixed direction



NOTES	G4	B4	D5	F5	E5	C5	A4	G4
COUNT	1	&	2	&	3	&	4	&

Bass-Clef Note Map

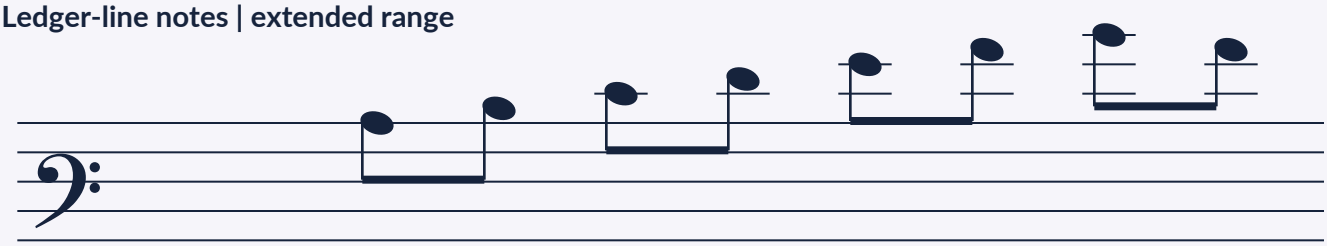
All natural letters through and above the staff, plus interval changes

Natural notes | ascending



NOTES	G2	A2	B2	C3	D3	E3	F3	G3
COUNT	1	&	2	&	3	&	4	&

Ledger-line notes | extended range



NOTES	A3	B3	C4	D4	E4	F4	G4	F4
COUNT	1	&	2	&	3	&	4	&

Steps and skips | mixed direction



NOTES	C3	E3	G3	B2	D3	F3	A3	C4
COUNT	1	&	2	&	3	&	4	&

Accidentals + Key Signatures

Read sharps (#), flats (b), naturals, and double-sharps (x)

Sharps and flats without a signature



NOTES	C4	C#4	D4	Eb4	F4	G#4	A4	Bb4
COUNT	1	&	2	&	3	&	4	&

G major | F# in the key signature



NOTES	F#4	G4	A4	B4	C5	D5	E5	F#5
COUNT	1	&	2	&	3	&	4	&

Bb major | Bb and Eb in the key signature



NOTES	Bb2	C3	D3	Eb3	F3	G3	A3	Bb3
COUNT	1	&	2	&	3	&	4	&

A natural sign cancels an earlier sharp or flat. x denotes a double-sharp.

Intervals + Note Groups

Pairs, three-note cells, triads and arpeggios

Stepwise | C D E G F E D C



NOTES C4 D4 E4 G4 F4 E4 D4 C4

COUNT 1 & 2 & 3 & 4 &

Skips | C-E-G / D-F-A



NOTES C4 E4 G4 E4 D4 F4 A4 F4

COUNT 1 & 2 & 3 & 4 &

Arpeggio | C E G C / C G E C



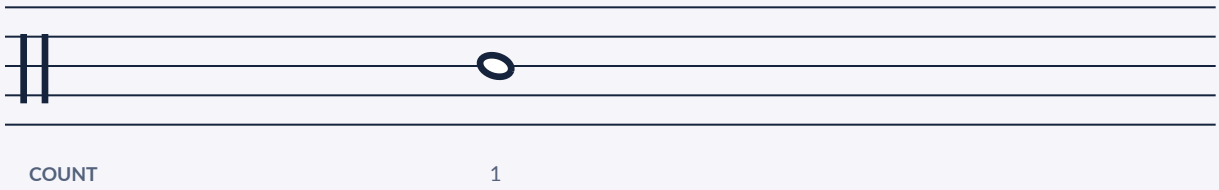
NOTES C4 E4 G4 C5 C5 G4 E4 C4

COUNT 1 & 2 & 3 & 4 &

Note Values | 4/4

Each staff totals four quarter-note beats

Whole note | 4 beats



Half notes | 2 beats each



Quarter notes | 1 beat each



Eighth notes | 1/2 beat each



Subdivisions + Dots

Count aloud with the Ascent Arena metronome

Sixteenth notes | 1 e & a



COUNT	1	e	&	a	2	e	&	a	3	e	&	a	4	e	&	a

Eighth-note triplets | 1 trip let



COUNT	1	trip	let	2	trip	let	3	trip	let	4	trip	let

Dotted quarter + eighth | 1.5 + .5



COUNT	1	&	3	&

Dotted eighth + sixteenth | .75 + .25



COUNT	1	a	2	a	3	a	4	a

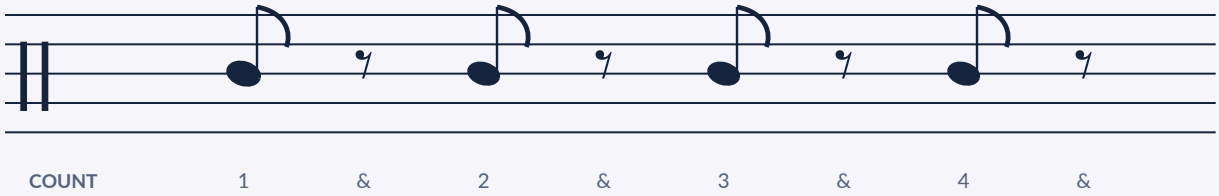
Rests, Ties + Syncopation

Play only written attacks; remain silent on rests and tied beats

Quarter rest | silent beat



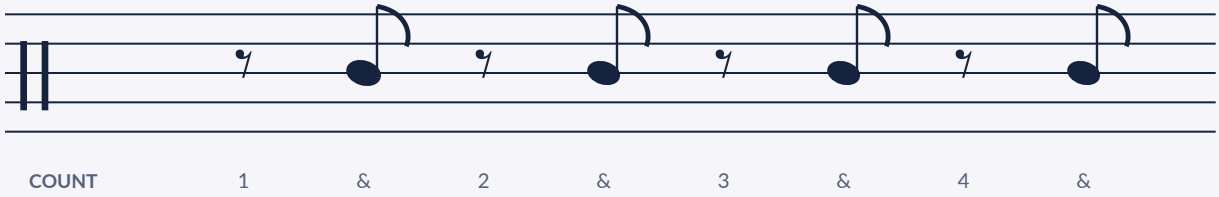
Eighth rests | alternating sound and silence



Tied notes | no second attack on beat 3



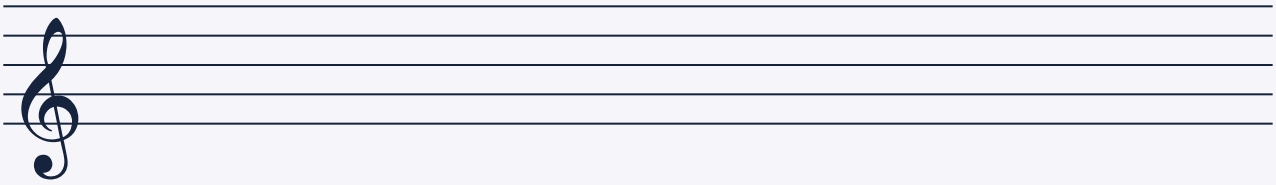
Offbeat entrances | rest-then-play



Practice Cards + Blank Staves

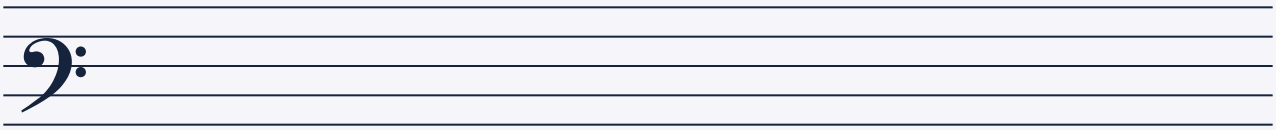
Repeat in a fresh order on Ascent Arena Random Practice

Treble | write 8 note names



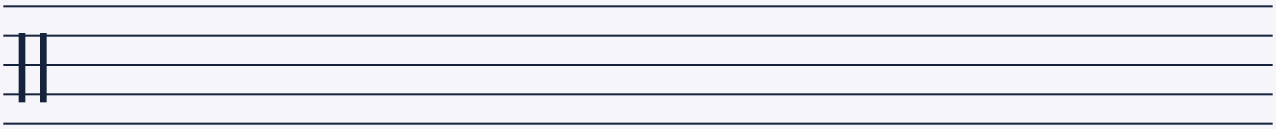
Count: 1 & 2 & 3 & 4 &

Bass | write an 8-note phrase



Count: 1 & 2 & 3 & 4 &

Percussion | write 1 & 2 & 3 & 4 &



Count: 1 & 2 & 3 & 4 &

Try one fresh note group daily, then mark your best comfortable tempo.